



Locals Choice Club

Recipes for pairing with Locals Choice
Club December 2016 Selections

www.tastelocalwines.com
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Spiced Carrot Spread

Vegetarian spread for any occasion accompanied by your favorite glass of wine.

Ingredients:

6 medium carrots, thinly sliced (food processor
with slicing disk works perfectly)
1 small garlic clove minced
1/4 tsp. ground cumin
1/4 tsp finely grated peeled fresh ginger
1/8 tsp ground cinnamon
Pinch of cayenne pepper
1 Tbsp. Tahini
2 tsps fresh lemon juice
coarse salt & ground pepper

Set steamer basket in a saucepan with 2 inches of simmering water. Add carrots, cover and steam until tender, about 12 minutes. Transfer to a food processor along with garlic, cumin, ginger, cinnamon, cayenne pepper, Tahini and lemon juice. Season with salt & pepper. Process until smooth adding up to 2 tablespoons water, if needed. Serve with vegetables and pita bread for spreading.

