



Trust Carolyn Wine Club

Recipes for pairing with Trust Carolyn
Wine Club November 2012 Selections

www.tastelocalwines.com
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Lentil Stew with Chorizo

Serves 8

Pair with 2009 Pendleton Buzzard Red

Ingredients:

- 1 pound chorizo sausage
- 1 teaspoon olive oil
- 1 15 oz. can cannellini beans, drained
- 1 15 oz. can fire roasted diced tomatoes
- 1 cup dried lentils
- 2 cups chicken stock
- 6 cups chopped spinach, large veins removed
- salt & pepper
- crumbled goat cheese

In a large skillet or Dutch Oven brown the chorizo in olive oil, stirring constantly 5-7 minutes.

Add cannellini beans, tomatoes, lentils, and chicken stock and stir until combined. Bring to a boil and then reduce heat, cover, and simmer for 30 minutes until the lentils are soft and tender.

Remove from heat and stir in the spinach; cover for about 5 minutes to let it wilt. Season with salt and pepper to taste.

Serve hot with crumbled goat cheese!

